

# **Hakuna Matata**

Choreographed by: Gabi Ibañez & Paqui Monroy, Neus Lloveras

Music: "One Track Mind" by Clint Park

Description: 1 part 64 counts 2 walls 2 restarts - Intermediate level Written by Nora Pezzoli - Latest update on 6 February 2020

#### Stomp R, Stomp R, Kick R fwd, Kick R fwd, Step R back, Hook L, Step L fwd, Hold

- 1 Stomp R beside L
- 2 Stomp R beside L
- 3 Kick forward with R
- 4 Kick forward with R
- 5 Step back with R
- 6 Hook L over R
- 7 Step forward with L
- 8 Pause

#### 2 Step R fwd, Step L fwd, Step R fwd, Hold, Rock fwd L, Step L back, Hold

- 1 Step forward with R
- 2 Step forward with L
- 3 Step forward with R
- 4 Pause
- 5-6 Step forward with L (weight on L), rocking back to R (recover weight on R)
- 7 Step back with L
- 8 Pause

## 3 Step R back, Step L back, Step R back, Hold, 1/2 Turn left & Rock L fwd, 1/2 Turn left & Step L fwd, Hold

- 1 Step back with R
- 2 Step back with L
- 3 Step back with R
- 4 Pause
- 5 6  $\frac{1}{2}$  turn to left & Step forward with L (weight on L), rocking back to R (recover weight on R)
- 7 (weight on R) ½ turn to the left & Step forward with L
- 8 Pause

#### Jumping Jazz Box R, Jumping Jazz Box L, Stomp R, Stomp L

- &1 3 Kick R forward, Jumping Cross R over L & flick L back, Step L in place & Kick R forward, Step R in place
- &4 6 Kick L forward, Jumping Cross L over R & flick R back, Step R in place & Kick L forward, Step L in place
- 7 Stomp R beside L
- 8 Stomp L beside R \*\*
  - \*\* Restart here at the 3th wall

### 5 Step R side, Cross L back, 1/4 Turn right & Step R fwd, Hold, 1/2 Pivot Turn right, 1/4 Turn right & Step L side, Hook R

- 1 Step R to the right side
- 2 Cross L behind R
- 3 Turn  $\frac{1}{4}$  to the right & Step forward with R
- 4 Pause
- 5 6 Step forward with L, (weight on both feet) ½ turn right on place (weight on R)
- 7 Turn ¼ to the right & Step to the left with L
- 8 Hook R over L

### Point R side, Flick R, Point R side, Hook R, 1/2 Rumba Box R fwd

- Point R toe to the right side (without touching the floor)
- 2 Kick R backwards with flexed knee
- 3 Point R toe to the right side (without touching the floor)
- 4 Hook R over L
- 5 8 Step R to the right side, Step L beside R, Step R forward, pause \*\*
  - \*\* Restart here at the 7th wall (replace 8th count with stomp L instead of pause)

### Rock fwd L, 1/4 Turn left & Step L fwd, Hold, Step Lock Step fwd R, Hold

- 1 2 Step forward with L (weight on L), rocking back to R (recover weight on R)
- 3 Turn ¼ to the left & Step forward with L
- 4 Pause
- 5 7 Step forward with R, step L behind R, step forward with R
- 8 Pause

## 8 Rock fwd L, <sup>1</sup>/<sub>4</sub> Turn left & Step L fwd, Hold, Jazz Box R w/Stomp L

- 1 2 Step forward with L (weight on L), rocking back to R (recover weight on R)
- 3 Turn  $\frac{1}{4}$  to the left & Step forward with L
- 4 Pause
- 5 8 Croos R over L, Step L back, Step R to right side, Stomp L next to R